

## The Law of Attraction

The Law of Attraction says that what we focus on expands, because what we focus on becomes an aspect of our attention. As a portion of our attention, our focus becomes a part of our broadcast and our output, i.e., our prayer. We do this intentionally or inadvertently and in the simplest of terms; this is how we create our realities.

Another way to explain the Law of Attraction: As we have an initial thought about something that is important, another similar and more powerful thought joins the first thought. This is the beginning of the



*It is in the listening to  
Immate Intelligence,  
that we begin to  
flourish in a more  
useful manner.*

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creation process for which the Law of Attraction is the foundation, the Universe is the intermediary and we are the initiator. Two thoughts, held with attention, create and draw a third and more powerful thought for which the original idea continues to grow exponentially. As we continue to review and revise our focus, we eventually have an outpouring of reality.

This law does not say that opposites attract, or that positive and negative attract or become equal. It says, “Like attracts like.” The extension of this would be that broadcasting our beliefs and habitual patterns of thinking draw to us more of the same. In this way, our realities are fortified and maintained by our continued outgoing broadcasts in sync with the Law of Attraction. What we broadcast – our attitudes, belief, focus and what we know to be so – matches up with Universal Forces and our realities come (or continue) to exist. As we take on new focus, as our attention and beliefs shift and expand, our realities shift and expand.

If we were to return to the concept of core belief systems and a recognition that we broadcast our realities from our deeply held beliefs and “what we know to be so,” we would discover in our confusing or orderly amalgamation of our outpourings that we create our realities

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quite precisely. This is the source of our realities and endless-loop existences, as well as the potential for open-ended possibilities and vast refinement in our lives. To take this idea a bit further, if we would choose our focus with a bit more intent, we could more capably dictate our output and thus begin to create realities of a more positive and useful impact in our lives.

What we need to discover for ourselves is whether this is truly an immutable principle, whether this is truly Universal Law, and whether this is something that we can use in our lives on a consistent basis. There seems to be ample evidence that our held beliefs and daily output are strategic aspects of the worlds in which we live. There seems to be evidence that our output in the form of attitudes, beliefs, what we were taught (rightly or wrongly) and our zeal to improve or perform at the top, is a matter of our own stream of consciousness, and thus our own harnessing of Universal principles.

We need to know whether this is true, because if it is, we have discovered the basis for understanding how we have what we have in our lives – good, bad, inconsistent, indifferent, etc. If our thinking and focus draw what we have, if our lack of focus and lack of commitment bring those realities as well, we now have a formula for putting our lives together. If our daily focus generates a portion of our vibration and output, then it behooves us to understand what we output. We then learn to choose our focus with more intention and purpose.

### **What We Resist Persists**

What we fight or resist or detest is a strong and powerful focus as well. Many manage their lives from a perspective of resistance or retaliation to what they believe their circumstances to be. Many blame “others” for their experiences in life. And, many believe that what they have or do not have is a matter of a higher authority for which they have little to say, while others feel they cannot get ahead, or are racked with