

## VisionariesLab, et cetera

© 2008 J.Hamilton [www.visionariesLab.com](http://www.visionariesLab.com)

By J.Hamilton

**VisionariesLab**, first of a series of websites, supports my book *Visionaries Thrive In All Times*. The thrust of VTAT is about how we create our realities, initially by rote, unconsciously held, learned, habitual patterns and beliefs, and eventually by open-ended, fully conscious, intention and intuitive partnership with Innate Intelligence. Initially, we are powered by focus and because focus issues from the mind, we are limited to its knowledge base – typically comprised of inaccurate and poorly interpreted insights, beliefs and values. The mind of man is yet very young.

Once we discover intentional reality creation, and once we choose intention over focus, we begin to move into new and open-ended quantum reality creating™. As we move from the narrow bandwidth of linear<sup>i</sup> focus (driven by resistance, fear and doubt, conditional experiences, etc.) to the much broader bandwidth of Intention (powered by joy, peace, love, etc.), we develop a method of allowing Innate Intelligence to mesh with and contribute to our intentional reality creating. As we learn to shift to higher powered versions of intention, our worlds and reality creating become powered by our alignment with something larger than our limited, linear minds and perspectives.

Dr. David Hawkins' "Map of Consciousness," first published in his seminal volume *Power vs. Force* (1995), identifies the powerful (and exponential) influence of intention. According to Dr. Hawkins' map, developed through 20 years of kinesiological testing:

- 1 person measured at 300 (Willingness) counterbalances 90 thousand individuals below 200,
- 1 person measured at 500 (Love) counterbalances 750 thousand individuals below 200,
- 1 person measured at 600 (Peace) counterbalances 10 million individuals below 200
- 1 person measured at 700 (early Enlightenment) counterbalances 70 million individuals below 200, and
- 1 person measured at 1000 (highest state of physical Enlightenment) counterbalances all of humanity

The higher states of consciousness/intention are identified as neutrality, acceptance spiritual reason, love, joy, peace, etc. Below 200 identifies shame, apathy, fear, grief, anger, jealousy and pride (at 175). Courage, the break point, is measured at 200.

By the use of the mind alone to create our realities, we restrict our possible outcomes to the experiences of the mind and its projections. As we learn to mesh with Innate Intelligence (through loftier intentions) our realities become far more functional, far more in sync with our surroundings, and synchronicity and harmony become dramatically more apparent. We become far more useful to, not only ourselves, but the whole.

It is important to understand that the mind operates from the linear perspective of resistance, i.e., "pushing against" and learned habitual responses based on fear and doubt, and projects forward accordingly. It is my belief that the mind was established in the first place as a repository of habitual and reactionary responses as Innate inner guidance became unseated by "reason" and learned reactionary perspectives<sup>ii</sup>. Linear reality creating is generated by the mind; nonlinear<sup>iii</sup> reality creating, otherwise known as quantum reality creating™, is generated by an active partnership with Innate Intelligence.

Technically speaking, we do not create our realities though we are the source of our realities. Instead, we create what I call "Momentum." Momentum is the product of the accumulation of the quality of our choices and decisions thus far. Our lives move forward "automatically" for which Momentum directs our habituated and ongoing realities. Thus revising the quality of our choices revises the quality of our Momentum which revises our habitual patterns which revises our realities.

Because of the inability to fully process (love) our surroundings, we perceive the world as dysfunctional. Because we see the world as dysfunctional, we "react" with resistance, and the defensive posturing of "pushing against" what we do not want. Thus Momentum becomes the product of reactionary beliefs and values for which dysfunctional realities ensue. Ultimately, we create our realities by resistance or nonresistance. And, in our inability to fully mesh with the world, we resist. Resistance is huge focus and *any* resistance spoils the soup.

As we meld the insight of Innate Intelligence into our choices and decisions, we revamp the quality of our Momentum toward open-endedness and higher quality reality creating. We also learn to fully embrace (love) the world in the wholeness that it truly is. There comes a point when Momentum becomes fully useful, fully automated, fully relied upon and fully ever-upward expanding – even to the point of continuing after we leave the physical body. This becomes the mechanism of ascension.

### **Resonant Services**

My second website, **Resonant Services** is about technology. Technology in this context is defined as the mechanism by which we create our realities and develop our partnership with Innate Intelligence. Ultimately, choice and intention is all we have dominion over for which we *mold* our Momentum which establishes our realities. For example, according to the "Map of Consciousness," it takes courage to move beyond fear and doubt into the higher octaves of acceptance, joy, peace, etc. By this definition, courage can rightfully be defined as a technology.

As we learn to allow Innate Intelligence to contribute to the quality of our choices and decisions, we upwardly revise the quality of our Momentum. As we learn to *design* our Momentum, we produce higher quality results in resonance with Innate Intelligence. As we learn to *steer* our Momentum to open-endedness, we produce new and far-reaching possibilities for ourselves. Harnessing our habitual patterns to mesh with Innate Intelligence becomes our most important technology and personal discovery.

Technology is how we harness the mind to jump from the limited capacity of focus to the broader capacities of intention, partnership with Innate Intelligence, *ad infinitum*. For example, healing can never be a product of the mind because the mind's basic nature is linear and severely limited in its capacity for perspective and results. The ultimate purpose of technology is to create an environment in which nonlinear Innate Intelligence is summoned to do the healing; in which nonlinear Innate Intelligence dictates the end results, and in which nonlinear Innate Intelligence resides once the healing is complete. This would be a true definition of healing (and technology) – and well beyond the scope of the linear thinking mind.

Further, there are man-made technologies that are open-ended in their ability to allow Innate Intelligence to balance and harmonize and refine one's nature. It is my intention to teach seminars, etc., and identify specific man-made technologies to facilitate one's personal growth.

### **The Science of Receptivity**

The third website, **The Science of Receptivity**, is also about technology but defined as the physical body and specifically the nervous system. Ultimately, human beings are vehicles by which Innate Intelligence expresses *itself* into this dimension. A rose, comprised of a nervous system at its own level of sophistication, without resistance, perfectly expresses Innate Intelligence. It is my belief that in the sophistication of the human nervous system, in nonresistance, we are most capable of allowing the vast amperage of the Cosmos to express itself (through us, as us) into this dimension.

The Universe is constantly unfolding. It is ever expanding, ever successful and ever seeking expression. If humanity wishes to become a successful race and we wish to become individually successful, i.e., part of the solution instead of part of the problem, we need to put our minds aside, put fear and doubt and conditional love aside, put resistance aside and allow Innate Intelligence to express through us wholly. This becomes allowing; this becomes nonresistance, this becomes Unconditional Love. This becomes our grandest gesture – and ultimately, completely natural to us.

In putting the linear mind aside, a whole new world of Innate Guidance becomes available. As we move to allowing, nonresistance and Unconditional Love, Guidance becomes available that is utterly unavailable when we are in resistance. Our every word, our every step, our every synchronicity and happenstance shines with the awareness of Cosmic Connection and insight as we allow Innate Intelligence to become the central axis and Guide in our lives. As we allow our nervous systems to connect with Universal Mind, Innate Intelligence, Source, etc., we become part of a larger whole for which we synchronistically move from "smile to smile to smile." We live and move and have our being in sync with Innate Intelligence and become what I like to call "usefully influential."

As we move from a linear understanding of who and what we are to a nonlinear awareness of what we are capable of expressing, we become far more. In our ability to allow the linear personality to stand aside we become truly useful to the planet and each other. In this new type of awareness we become a throughput device for Spirit for which we have a most ecstatic and exhilarating experience. As we give up the linear interpretation of who and what we are, we become exponentially more useful to the whole and conscious contributors to the unfolding of humanity. As we give up the ego identity/personality/resistance, we take on a far truer sense of ourselves.

We discover we are not our bodies, our minds, our brains or our nervous systems. We are, instead, third-party caretakers of very sophisticated living circuitry for which we transform karma, i.e., resistance, fear and doubt inherited from generations past and inadvertently learned from our surroundings, and allow Innate Intelligence to express through us. As we release our inherited and learned resistance, our nervous systems become the ultimate superconductive throughput device for Innate Intelligence to most

capably express into this dimension, and for which we get the "ride of our lives." When we recognize that we have facilitated a technology for inducing Innate Intelligence into this dimension in its full blazing glory, we have discovered our truest purpose.

This might be viewed as Christ Consciousness. As every living and inanimate thing has its function to flow its expression of the Cosmos into this dimension at its level of sophistication, we have our own. To open up and make our bandwidth available for Spirit to express itself without resistance is our truest function. In the refined sophistication of our nervous systems, we become a throughput device for Innate Intelligence to express itself into this dimension, second to none. To do so consciously is the ultimate thrill/feeling/joy and gives us our extraordinary purpose for being.

As we move from focus to intention to nonresistance and Unconditional Love, we become more fully alive than we can possibly "imagine" and our destiny as a species begins to truly unfold. This is only the beginning, individually as well as collectively.

Namasté

For more information:

[www.visionariesLab.com](http://www.visionariesLab.com) (Intention)  
[www.resonantServices.com](http://www.resonantServices.com) (Technology)  
[www.ScienceofReceptivity.com](http://www.ScienceofReceptivity.com) (Receptivity)  
[Consulting](#)

**About the author.** *J.Hamilton has been meditating for 36+ years and teaching personal empowerment for 18+ years. His book, **Visionaries Thrive In All Times: Blueprint for Reality Creation** (2005) is about the possibilities of individual and collective reality creation in alignment with Innate Intelligence.*

*He is completing a new book titled **52 Weeks of Visionary Focus**, excerpts of which are available each month in the [Vision Newsletter](#). His discoveries around nonresistance and witnessing life "smile by smile by smile" have become woven into these passages.*

*He has also recently completed (Jan 09) an eBook titled **Coherence Resonance Training** for the purpose of identifying access to nonresistance and the resultant Innate Guidance that becomes available. Key words: nonresistance, mindlessness, Innate Guidance, timelessness, solutions and timeliness. [Link](#)*

*J.Hamilton is available for consultation and can be reached through his website at [www.visionariesLab.com](http://www.visionariesLab.com) or directly at [jhamilton@visionarieslab.org](mailto:jhamilton@visionarieslab.org)*

---

<sup>i</sup> Linear is defined as rote, habituated, one always precedes another, an action creates an equal and opposite reaction or continuation of the same action, expression. Linear can always be relied upon to produce the same, similar, or "an extension of" results. Linear Newtonian physics becomes obsolete as humanity recognizes its wholeness mirrored, in part, by quantum physics, quantum mechanics, string theory, etc.

<sup>ii</sup> Humanity embarked upon a new road of the discovery (of itself) when it was uprooted from its pagan roots and rhythms and harmonies. It appears that humanity made a distinct shift after the burning of the 700 year old Library of Alexandria (resulting in the Dark Ages) in about 350AD and recovered about the time of the Renaissance. [\[Reference\]](#)

<sup>iii</sup> Nonlinear is defined as embracing the quantum world, the view that everything is associated with everything else; in which one action creates a myriad of possible outcomes dependent upon one's capacity for perception. Nonlinear is the product of an open mind for which the possible outcomes are far beyond the range of the perspective of one's linear knowledge base and short-sighted perspective.