

The Science of Receptivity

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By J.Hamilton

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OUT of the work of [VisionariesLabs](#) and [Resonant Services](#) comes a whole new science and teaching called the **Science of Receptivity**; the purpose of which is to bring individuals into a refined resonance and connection with the Cosmos, i.e., Innate Intelligence. As you may know, our inner guidance is built-in and only needs to be dusted off and tuned-up, so to speak. And when we come to a substantial understanding of the **Law of Attraction** combined with our Innate Guidance System, we become nonlinear - quantum, if you will, dynamic and very rapidly, whole human beings.

I am certain everyone would love to function at higher levels of efficiency with **solutions** at their fingertips, synchronicities at their every step and resonance pouring from their eyes, and soon this is to be the case as we even more quickly evolve to our possibilities with technologies and insights of the 21st century and beyond.



It turns out we have a very complex antenna system built right in which is made up of the brain, spinal cord and miles and miles of nerves commonly known as the human nervous system.* And while the human nervous system is somewhat understood, in addition to being an **internal messaging and autonomic system** for the body, it is also an **external messaging system** for our connection with

Innate Intelligence. This connection with the Cosmos is something **every living thing** shares. (*VTAT, Footnotes, Chapter 6, pg 288)

Because human beings seem to have been dropped a time or two (similar to dropping a Steinway piano), we have become out of tune with our connection with Source and inadvertently given up much of our access to internal guidance. But when we balance the nervous system and come to a more useful understanding of the **Law of Attraction**, we have a very powerful mechanism from which to leap forward, recalculate our trajectory (Momentum) and become dramatically more effective in our capacity to be "usefully influential." As we recover our Innate Guidance System we come to the door of infinite possibilities and outcomes. Ultimately, everything we require is a matter of receiving. I call this the **Science of Receptivity**.

Resistance is focus.

The **Law of Attraction** has become quite the buzz lately thanks to Abraham-Hicks, the movie ***The Secret***, and so many others, and rightfully so. But most of us don't know much about how to use it other than in a linear manner (traditional focus) and inadvertently use it quite haphazardly and even recklessly. After all, we are all pretty powerful and though we are not completely shut off from our Innate Guidance System, our priorities and outcomes seem to be vastly askew.

What is becoming increasingly obvious is that we all use the **Law of Attraction** but typically use it backwards. In other words, much of our reality creating is a product of our resistance, i.e., 1) pushing against what we don't want in our lives or, 2) choosing what we want *based on what we don't want* - any of which compromises the quality of our out-flowing attention and focus.* If, according to the **Law of Attraction**, what we focus on expands, and fear and doubt is the motivator behind resistance, we have discovered the source of our 24-hour-a-day outgoing prayer and broadcast and struggle with life. Resistance as focus engenders dysfunctional reality creating.

How do we know if we create our realities by resistance?

If you are cooking along, your Mercedes payments are kept up, you have a nice home and family, good job, traditional security, etc., what else is there? Resistance is defined as any level of not allowing the total, entire good that the Universe has for you to come to you - through you. If you are *in any manner* shut off or closed down (resistant) to your highest good, resistance is holding you back. Hint: At the core of each human being is a humanitarian and servant to mankind.

Reality creating is a product of focus. When we realize that we are too dysfunctional to know what we truly want (because we are out of touch with our Innate Guidance System), it becomes imperative that we learn more about this process. It is via nonresistance and unconditional love that guidance becomes ever more available, ultimately allowing the Universe to flow through us unimpeded for which we can take our mental and emotional hands off the wheel. When we are without resistance the Universe flows through us for which we become far more useful to ourselves and others and we become exponentially contributive. We become our potential which is far beyond having our ducks in a row and our finances in order.

Plus, Innate Intelligence flowing through us feels *pretty damn good!* It is called joy, satisfaction, gratitude, spiritually sated and looks like a perpetual sunny and effervescent disposition with limitless horizons. It can also be identified by becoming quiet and recognizing that at our core we are brimming with love, peace, appreciation, joy and beauty.

Resistance, as a product of fear and doubt, closes us off from the free-flowing interface that we must have if we wish to have true success in our lives. Unconditional love, the opposite of resistance, otherwise known as allowing and acceptance, brings us access to guidance far exceeding anything our linear minds can produce on their own.

Unconditional love is something that can be achieved in degrees through practice and letting go.

Resistance is a gift to be turned inside out.

We are all connected to something so subtle and so fine and so real that once we identify it, we gravitate toward it like the ocean to the moon. It becomes us and defines our ultimate version of success!

For those who are balanced enough to maintain the third method of creating realities, i.e., the **Law of Attraction** combined with 3) visionary focus, we are the leaders of the pack. Visionary focus requires an unquestioning, quiet and attentive nervous system aligned with Innate Intelligence for the purpose of accessing insight for creating realities in sync with a far larger whole. (See VTAT, Chapter 9, Intent, pg 160)

In other words, visionary focus catalyzed by unconditional love (nonresistance) creates realities that dovetail with the natural unfoldings of the Universe for which synchronicities, serendipitous events and unexpected happenstances becomes the mainstay of one's existence and unfolding.* Underlying Quality of Intent as an exponential mechanism for summoning Innate Intelligence brings a depth to reality creating that cannot be achieved by the mind alone. Exponentially higher quality Intention aligned with Innate Intelligence brings **solutions** to our daily lives and guides us utterly beyond what we can produce from a limited linear perspective. (*VTAT, Chapter 9, Intent, pg 159)

As we come to understand intentional reality creation, we move beyond the unruly mind to the mental discipline of focus to the exponential multiplier of intention for which we eventually blossom into nonresistance and the full flavor and force of Innate Guidance in our lives. We then become able to create realities in sync with a higher order. We become what I like to call "usefully influential."

Boundless reality creating



By resistance *to the little things*, we shut down our natural state of access to the *big things*! It is in our capacity to flow Innate Intelligence into this dimension through the circuitry that is our nervous system that we will see "heaven on earth" in our lifetimes - and some before others, but available to us all. (VTAT, Chapter 8, Allowing, pg 144)

Resistance and fear and doubt have long been the foundation of our caution and safety, but are rapidly becoming obsolete as we discover true security via our connection with Innate Intelligence. The richness of letting go with eyes-wide-open brings us to a doorway and a whole new exponential and nonlinear way of being. A world woven together by partnership with Innate Intelligence and every other living thing, evidencing itself as effortless decision-making and an other-worldly quality of choices, sublime *knowing*, true safety - and a knowing smile on our faces.

Happenstance and synchronicities becomes the venue to bring new depths to our lives and those we touch. There is an indescribable world of beauty, harmony, resonance and huge gifts of wholeness and connection available just beyond resistance.

Visionaries Thrive In All Times identifies this process and introduces one to access to Unconditional Love for which reality creating becomes boundless. The work becomes to open the gates to allow Universal Forces to flow through us unimpeded to bring, not only true success, but solutions driven by Innate Intelligence's need to express *itself* into our dimensions. It turns out we are whole and complete and have access to Universal Forces flowing through us; we simply have to give up fear and doubt and resistance. (*Reference VTAT, Chapter 7, Deliberate Creation, pg 122) [Order VTAT here!](#)

The goal of the Science of Receptivity is to bring clients into sync with their cosmic connection by facilitating the removal of barriers (resistance) to their true identities; to deliver them to a true "**solutions orientation**" – and an orientation that is much more in keeping with the unfoldings of the Universe expressing *itself*. The mission then, is to rapidly catalyze individuals into a tapping of their innate messaging system for which vast new worlds unfold in sync with a larger order.

In this refined connection with one's nervous system and newfound access to Innate Intelligence and basic principles of Universal Forces, humanity, individually and collectively, begins the rapid ascent to its possibilities. To recognize that we are a part of a larger whole that becomes available simply by changing our mind and tweaking our nervous systems with the subtleness of [21st century technologies](#) is a powerful testament to our true nature indeed. It is in the recognition of our oneness and connection with the Cosmos that we thrive and move to a new level of success, sharing and conscious growth.

It is not such a bad place to be.. Early in the planet's unfolding, part of the species beginning to get it right; discovering that by our own personal efforts to rise to the top, and some a bit before others, we contribute to the whole.

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For more information:

www.visionariesLab.com (Intention)
www.resonantServices.com (Technology)
www.ScienceofReceptivity.com (Receptivity)
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About the author. *J.Hamilton has been meditating for 36+ years and teaching personal empowerment for 18+ years. His book, **Visionaries Thrive In All Times: Blueprint for Reality Creation** (2005) is about the possibilities of individual and collective reality creation in alignment with Innate Intelligence.*

*He is completing a new book titled **52 Weeks of Visionary Focus**, excerpts of which are available each month in the [Vision Newsletter](#). His discoveries around nonresistance and witnessing life "smile by smile by smile" have become woven into these passages.*

He has also recently completed (Jan 09) an eBook titled **Coherence Resonance Training** for the purpose of identifying access to nonresistance and the resultant Innate Guidance that becomes available. Key words: nonresistance, mindlessness, Innate Guidance, timelessness, solutions and timeliness. [Link](#)

J.Hamilton is available for consultation and can be reached through his website at www.visionariesLab.com or directly at jhamilton@visionarieslab.org