

## Multiply Namasté by Infinity

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By J.Hamilton

Recently a friend asked me about the meaning of Namasté for which these remarks are the result. The long title of this article is: "Multiply Namasté by Infinity, taken to the depths of forever for which you will still have barely a glimpse of what I'm talking about" liberally borrows a quotation from the film **Meet Joe Black** (1998) with Brad Pitt and Sir Anthony Hopkins.

Namasté is a Sanskrit (Hindu and earlier) term and greeting or acknowledgment. Namasté means "the divinity in me salutes the divinity in you, or "The God-part of me acknowledges the God-part of you." All Sanskrit words are variations of the principles of God in action as seen by the eyes of Sanskrit. Namasté is an ideal example of this. For those who are a bit dubious about Sanskrit lyrics they can barely pronounce in a Kirtan concert at their local yoga center, you are actually in very good hands and relationship with the Cosmos!

Acknowledging what is true *in another* is also the most effective means by which we become most useful to *ourselves!* In seeing our surroundings in truth, i.e., *seeing what is true in another*, Law of Attraction becomes exponentially more useful to us! This is the polar opposite of helping the proverbial old lady cross the street whether she wants to cross the street or not, because the powerful element of judgment, often the catalyst behind "helping others," is absent.

In the realization and acknowledgement of the truth of *another*, that incubating "*still small voice*," we become involved in the most powerful experience we can share! Further, in refining our interpretation of the truth, we powerfully refine our visioning of reality! After all, the truth *is* right in front of us.

"Helping others" is rarely in sync with the larger order – though it serves an important function in a very dysfunctional world. Typically though, "helping others" is what we do – and we learn how to do it the best we can. But as we move from the unruly mind to the disciplined mind, i.e., as we harness focus and goal setting, there comes another level to which we can ascribe that is exponential in its usefulness, allowing Innate Intelligence to become an active contributor to our participation in the world.

As we move from the linear mind of focus to the many and varied octaves of intention, we spiral upward through judgment, fear and doubt, anger, resentment, courage, neutrality, willingness, acceptance, (spiritual) reason, love, joy, peace and eventually nonresistance and Unconditional love, honing our connection with Innate Intelligence all the while.

As we achieve nonresistance, we become fully in step with what I call "Innate Guidance" for which we become able to access our *true* selves and our true natures. We then participate in life in sync with "what is true" at a much different level for which contribution feels much more like jigsaw puzzle parts fitting together with a satisfying snap! We move far beyond what we are able to conjure on our own and expressions like "we should," "that could," "what if," "if I," or "I" simply fade away.

As we climb the ladder of intention, we arrive at nonresistance. And in nonresistance, life takes on a whole new meaning of synchronicity and magical happenstance. Happenstance and serendipity become our roadmap and full-time order of the day. Everything blends as one truth! In nonresistance, in Unconditional Love, we share what is true; we become as one and we become far more useful to each other. Namasté becomes our every step into a far more real world!

It is my assumption that the Pope, without knowing this to be true, acknowledges the true essence of the individual when he blesses a huge audience - or should be. Why? Because acknowledging what is *true* is the only true function we can lend to the world. And, practicing on each other is a very good place to start. To understand the truth of life is a very powerful experience.

The work of VisionariesLab, et cetera ([reference](#)) is about the discovery of technology to rapidly take one to nonresistance and Unconditional Love for which full blown Guidance becomes available and acknowledgement of what is true becomes second nature. Once we are able to put reactionary thinking and resistance aside, another world awaits.

I travel to Brazil this month to finalize a program that will allow individuals to more quickly move through the inner discovery of themselves. *We are not as far away as we think*. In nonresistance, in putting the mind and judgment aside, Innate Guidance becomes instantly available for which recalling the distortion of the old becomes too much effort.

Besides, we all have plenty to do. Barack Obama has gone out on a limb and he is going to need our help. What if, right about now, we could hold an exponentially contributive perspective to the unfolding of the planet? What if acknowledging what is true had an exponentially contributive effect and we could become "contributively useful?" What if we could discover the power of our gaze and the power of our contribution?



We are moving beyond the limitations of citizenry of nations and becoming citizens of the world - citizens of our shared true commonalities. To become citizens of the world, we are going to have to beat our fears and doubts and resistance (swords) into new tools of transformation (ploughshares) and open-endedness and truth.

Technology for refining access to Innate Intelligence and offering access to nonresistance is becoming available. I should have something for personal use ready to go in Dec/Jan.

Let me know of your interest.

Namasté

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[www.visionariesLab.com](http://www.visionariesLab.com) (Intention)

[www.resonantServices.com](http://www.resonantServices.com) (Technology)

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**About the author.** *J.Hamilton has been meditating for 36+ years and teaching personal empowerment for 18+ years. His book, **Visionaries Thrive In All Times: Blueprint for Reality Creation** (2005) is about the possibilities of individual and collective reality creation in alignment with Innate Intelligence.*

*He is completing a new book titled **52 Weeks of Visionary Focus**, excerpts of which are available each month in the [Vision Newsletter](#). His discoveries around nonresistance and witnessing life "smile by smile by smile" have become woven into these passages.*

*He has also recently completed (Jan 09) an eBook titled **Coherence Resonance Training** for the purpose of identifying access to nonresistance and the resultant Innate Guidance that becomes available. Key words: nonresistance, mindlessness, Innate Guidance, timelessness, solutions and timeliness. [Link](#)*

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