

Knowledge about our Connection with Source

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By J.Hamilton

There is something inside each of us. There is something that we each carry that underlies all of our possibilities as human beings beginning to get it right. There is something that we pass generation upon generation that adds to our knowledge base and makes it obvious that there is more to humans than first meets the eye. In the larger scale of things, with a black sky endlessly overfilled with brilliant stars horizon to horizon, we didn't get here by ourselves and it is going to take a bit more than we seem to be to get where we are going.

And where are we going? At a minimum? To solve our problems of pollution, overcrowding, hunger, clean fuel sources (hint: this is also an issue at a cellular level) and on and on. And, at a maximum? To become our potential, to express our possibilities and to fulfill what we somehow know is our destiny as a species. Or even a bit more to the point, to express our individual potential; to express what is inside of us, as only each of us can.

Pretty big ideas, but what does it all mean? Humanity carries something that none of the other life forms carry and that is self-awareness. It is becoming obvious that the animal, plant and mineral kingdoms are truly an expression of the Cosmos expressing itself; of Innate Intelligence expressing itself, of the grand thing that is Life expressing itself – and in so very many varieties! Simply that! Life expressing itself; its bounty, its life – sans awareness, or so we believe!

But humans are different. Not only are we made up of hundreds of thousands of systems of cells and glandular secretions and colonies of bacteria and enzymes and myriads of other living systems all contributing to our makeup AND Innate Intelligence flowing through us, we are self-aware, and becoming self-aware. That is the big secret and what makes us so very special! We can see our growth and we can see our potential expressing itself!

And interestingly, because we are not here by ourselves, similar to a single redwood tree sitting in a desert by itself, humans are very dependent, not only upon each other, but upon our Maker, our Source or Innate Intelligence, as I like to call it. It turns out humanity is part of a living collective, a living eco-system; something that the next generation relies on as we push off to begin our exploration based on what was handed to us by the previous generation – accurate, inaccurate, mistaken and hunches.

What makes this all so interesting is that as each generation begins its journey, it carries what the previous generation learned – and, as is the case today, each succeeding generation is a bit more self-aware and moving ever faster.

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About the author. *J.Hamilton has been meditating for 36+ years and teaching personal empowerment for 18+ years. His book, **Visionaries Thrive In All Times: Blueprint for Reality Creation** (2005) is about the possibilities of individual and collective reality creation in alignment with Innate Intelligence.*

*He is completing a new book titled **52 Weeks of Visionary Focus**, excerpts of which are available each month in the [Vision Newsletter](#). His discoveries around nonresistance and witnessing life "smile by smile by smile" have become woven into these passages.*

*He has also recently completed (Jan 09) an eBook titled **Coherence Resonance Training** for the purpose of identifying access to nonresistance and the resultant Innate Guidance that becomes available. Key words: nonresistance, mindlessness, Innate Guidance, timelessness, solutions and timeliness. [Link](#)*

J.Hamilton is available for consultation and can be reached through his website at www.visionariesLab.com or directly at jhamilton@visionarieslab.org