

It Begins With You and Me

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There is a Calvin & Hobbs cartoon by Bill Watterson showing Calvin playing in the woods, talking to his constant companion and affable stuffed tiger pal, Hobbs. (Hobbs is as real to Calvin as Calvin is real to Hobbs when Calvin's parents aren't around.) Calvin very wisely proclaims one day that "**He** is the end result of all of evolution. That **he** is it!" Of course, the last part of the cartoon strip depicts Calvin and Hobbs sitting in front of the television laughing uncontrollably at Wascally Wabbit cartoons, etc., with little after-thought for his huge declaration and revelation.

But his point is well taken. How many of us realize that we are the end result of far more choices than simply our own, or that so many of our thoughts and choices are unconscious? We are the end result of the influences of our culture, the morays of our society, the upbringing and influence of family and friends, and even at that, we are still far more. We are the end result of not only our parents, grandparents and great-grand parents, but our family lineage thousands of years back. Are you aware that we have tails, gills, etc. during a certain portion of our gestation? (Apparently, we go way back!) Yes, our DNA comprises maybe half of our make-up and maybe half was acquired during the first six years of our life. And then finally, we are on our own..

While this might be a bit of a surprise to recognize how very much of our personality, character flaws and useful attributes can be attributed to our lineage, what is important to recognize is that this is so. And so the question becomes: "What do we do with what we have"? Or, "How can we best use what we have been given"? And, maybe all is not lost because we now have someone we can blame all of this on; someone long before us, though that is not quite the gist of this article. :)

Even wondered which part of you erupted when you flared into an unexpected emotional rage or generated a huge reaction caused by pure unadulterated fear or shock or anger for which you struck out or defended yourself in an unorthodox, unbecoming or even heroic manner? Or the times you said no, when you wished you'd said yes? Or, even more interesting, knowing that all of your fears are bottled up deep inside of you, capped at any cost - even the cost of an unwillingness to discover your true nature, i.e., your God-self?

And, while a huge part of society lives their lives in this bottled-up, unconscious, see-nothing, know-nothing mentality, help is on the way in the manner of emerging consciousness/technology that allows us to safely delve within and sort out our dysfunctional and reactionary inherited patterns and unconscious habits. Why? Because we are moving beyond fear and merging into resonance and balance with a larger whole for which all kinds of new tools are becoming available - choice being one of them. We, this generation, are the leading edge of consciousness and things are getting a great deal better.

There is a great use for being the end-result of all that has come before us, because there is another expression that goes something like, "The buck stops here." What has always tied our ancestry together is fear, basic issues of safety, security and reactionary survival in very unforgiving times - and done so quite unconsciously. Fear was

eventually harnessed to teach and imprint family or tribal members and even used as a tactical element against perceived enemies, etc. And, the leading edge of slowly-emerging consciousness is changing the rules of survival. Survival is moving toward and becoming identified as love and acceptance.

And, why would that be so? A similar question might be: "What is the opposite of fear and anger and basic survival"? The answer is unconditional love and acceptance of what goes on around us. Ask any flower or apple tree or the moon or the stars. They all share resources and co-exist and expand, and some even achieve extinction, but there is no resistance. This is the natural state available to us as taught by the mystics, prophets and poets of our past.

So, what do we do with what we have? And again, what is it we have? We are the repository, the end-product of all of the survival instincts that have come before us. We are the hatred, the anger, the knee-jerk reactions, unconscious resistance and just plain scared-to-death personas that have barely eked out a life, all bottled up inside of us at the cusp of the 21st century. We are the vehicles of consciousness just beginning to peer out of our eyes. We are the beginning of the end. We are the end of the beginning of a species just beginning to peer out from underneath its rock. We are the end of the old ways of doing things.

What are we just in time for? We are just in time to learn how to love our hate; to love the hate of others; to love our mistakes, our errors and to love what comes up for us, knowing that it serves us, and to love who and what we are becoming. To love our parents, our families and to love each other and all the while, to love those in the Middle East, including the American soldiers, the protectors of their homelands, the insurgents, the mercenaries, the leaders, the enemies, the mangled families and even those at home who make choices based on reaction or greed or power or simple ignorance. We each have it within us or it couldn't exist. And, if it couldn't exist, it couldn't become better.

What can we, who know just a little bit better, as the carriers of the merest beginnings of consciousness, contribute? Love those who know a little bit less. Our function is to love those who make their choices by reaction and weave stories of survival, exaggeration and hatred to back up what they have unconsciously chosen.

How do we do it? First we learn to love ourselves. We start when we catch ourselves grousing about somebody or something. We start when we recognize our own patterns of judgment, criticism, cynicism and reaction. And, we also love ourselves when we catch ourselves loving. Secondly, we recognize that with the power of love, we can contribute something new to something old – something old but not as powerful as we might have thought. We can contribute to what we know is true. We can contribute what we know for others: that within each of them lies that still small spark, that still small voice that they, on their own, will someday come to hear and know.

According to Dr. David Hawkins, Ph.D., and his Map of Consciousness, we are exponentially far more powerful in our love than those who hate or react in fear. One person connected to Source is more powerful than one million who are not, according to Abraham of Abraham-Hicks. And, if one million are unconscious and one is not, who

really has the upper hand? With the exponential multiplier of love and a million to one ratio, maybe we can become part of the solution much more quickly than we think.

The whole process of being a conscious creator is to understand the capacity we each have for transmuting the old patterns to something more useful through our gaze, grace and contribution. To unconditionally love what we once hated, despised, judged or reacted to is to be the real power to make change. And, it begins with ourselves and then each other.

When I start loving what I once hated, when I start loving what I once judged, when I start loving what once made me uncomfortable or made me angry or, .. Well, you get the idea..

J.Hamilton is the founder of VisionariesLab.com and author of ***Visionaries Thrive In All Times: Blueprint for Reality Creation.***

Reality is a product of our beliefs, our attitudes and habits of thinking, as well as "what we know to be so" – accurate or not. As we become aware of our "output," i.e., our focus and underlying quality of intent, we become better able to refine what we have in our lives. ***Visionaries Thrive In All Times*** is a blueprint for explaining how we have what we have in our lives, and how we can produce more order, success and joy in our lives - and become far more successful at influencing the whole!