

# FreeCell and The Keys to the Universe

--© 2007 J.Hamilton [www.visionarieslab.com](http://www.visionarieslab.com)

By J.Hamilton

I do not think there is anything more powerful or simple than the computer game FreeCell as a personal growth learning tool. The computer itself is a close second, but nothing can match FreeCell for its simplicity in teaching us about how we interface with the world – truly a world of our own making.

What makes FreeCell so interesting is that solutions show up that are often not discerned by the initial interpretation or perception of the layout of the cards. In other words, solutions appear where none appear available – if you will allow them. One can mindlessly play FreeCell and quickly move the cards around and win by happenstance or rote skill, or one can learn how to play the game and let the solutions show up – guided by subtle receptivity. I have learned how to let the game win itself by learning how to contribute to the game in the subtlest of manners. Where once a solution was not apparent, suddenly a solution can pop to the surface or take itself to its inevitable conclusion if I would but take the time and conscious space to allow this to happen. One can consistently experience what appears to be unexplainable in this simplest of computer games.

This is an excellent metaphor for life: where once one could not see a solution, a solution will appear if we will allow it to appear. In other words, solutions are available if we will let them take place. I played many, many games of FreeCell during the writing of my book *Visionaries Thrive In All Times* which consistently counseled me that there were always solutions and possible outcomes where none seemed to exist. And, it was in the playing of this game that I carried myself through a very lean 25-months of writing the manuscript, ultimately stretching to a 45-month period guided only by the possibilities of solution. This is what FreeCell can teach. This was how I made it through the rarefied and magical writing experience to a finished book. FreeCell continually reminded me of the magic that lay just beyond my ordinary gaze – that there was more order than I could, by myself, perceive.

When one finds oneself stymied in a game of FreeCell (or game of life), stop and walk away before you do too much damage to the game you are playing. Come back another day or in another mood or mindset and see how the game changes. Stay out of the mindless emotion/ego of the game and right before your eyes the game will take on another perspective and meaning. Invariably, you will see a way to continue the game; a way to play that you could not see before. As you learn to discern that the win is always right in front of you and takes but a different perspective to see it, you can begin to apply this to other areas of your life. Learn to slow down until you discern the solution and then move forward. The solution is always there.

Interestingly, you can discern your state of your mind, mood and Momentum\* by the cards drawn at the beginning of a game. You are far more likely to create a winning

hand (see the solution to the game) when you are in good spirits. Try playing when you are down vs. up and notice the difference in the games won and lost. Try playing when you have consumed alcohol or other "medications." Once you discern that solutions are but a perception away, you are on your way to a more useful contribution to your own world and by extension, the whole world. The keys to the Universe can be found in the game of FreeCell.

Further, it appears that unless you are willing to go right to the edge, solutions (the big unfoldings) will continue to evade your perception. FreeCell is a safe place to discern patterns and recognize their existence; something almost imperceptible until you learn how to play the game. It can have a profound effect on your life.

Namasté

For more information:

[www.visionariesLab.com](http://www.visionariesLab.com) (Intention)  
[www.resonantServices.com](http://www.resonantServices.com) (Technology)  
[www.ScienceofReceptivity.com](http://www.ScienceofReceptivity.com) (Receptivity)  
[Consulting](#)

***About the author.** J.Hamilton has been meditating for 36+ years and teaching personal empowerment for 18+ years. His book, **Visionaries Thrive In All Times: Blueprint for Reality Creation** (2005) is about the possibilities of individual and collective reality creation in alignment with Innate Intelligence.*

*He is completing a new book titled **52 Weeks of Visionary Focus**, excerpts of which are available each month in the [Vision Newsletter](#). His discoveries around nonresistance and witnessing life "smile by smile by smile" have become woven into these passages.*

*He has also recently completed (Jan 09) an eBook titled **Coherence Resonance Training** for the purpose of identifying access to nonresistance and the resultant Innate Guidance that becomes available. Key words: nonresistance, mindlessness, Innate Guidance, timelessness, solutions and timeliness. [Link](#)*

*J.Hamilton is available for consultation and can be reached through his website at [www.visionariesLab.com](http://www.visionariesLab.com) or directly at [jhamilton@visionarieslab.org](mailto:jhamilton@visionarieslab.org)*

## \* Chapter 11 Momentum

For more information about FreeCell, the computer game, please go to [www.freecell.net](http://www.freecell.net) or [www.freecell.org](http://www.freecell.org)